

wellessences Diplomas in Flower & Vibrational Essences Student Handbook

Welcome to **wellessences** BFVEA approved course to become a qualified Flower and Vibrational Essences Practitioner.

About the course

Study with **wellessences** takes place in Cornwall within easy reach of estuary, shore, tor, standing stones, holy wells and sacred places. Throughout the courses participants are encouraged to develop their own awareness of the natural world and develop their own intuitive links with the subtle energy of the planet, plants, trees and flowers. You will learn techniques, like dowsing and muscle testing, to develop and help yourself, adults, children and animals using essences successfully as part of their life journey and how essences can be used to create a positive impact on the environment.

You will be given the opportunity to learn about and work with different essence ranges from all over the world and explore their differing benefits and life enhancing qualities.

The qualification is not dependant on any one range of essences, it gives the practitioner the opportunity to build a broad base of experience and to select from a wide variety of sources which resonate with you as an individual.

The one year course covers all aspects of practitioner training to achieve a recognisable Diploma for professional practice and insurance purposes and Advanced Practitioner status with the British Flower & Vibrational Essence Association (BFVEA).

The emphasis over the ten two-day sessions is on building practical experience and acquiring underpinning knowledge to support confident and professional practise. Sessions are tutor led with as much as possible taking place in the countryside and beside the coast. Workbooks, supported by a selection of sample size essences, are to be completed between sessions, and will reflect your personal development and research.

You will be asked to complete three case histories on different persons, charting their progress when using a range of essences, and keep a journal over your period of study reflecting your own experiences. Students are supported by individual tutorials, regular emails, internet messaging and by telephone. Sample sizes of selected essences are provided for use with the workbooks. Students are recommended to buy a minimum of one set of essences from a recognised source to complete their case histories and prepare for professional practise. You don't need to purchase these until you are about to start the case histories, unless you wish to do so.

The WellEssences Advanced Diploma Course in Flower and Vibrational Essences is designed to give the practitioner a wide knowledge of Flower and Vibrational essence use which meets the BFVEA Syllabus requirements.

Course Objectives

- **To provide personal development opportunities to enable the student to become a practitioner in the use of Flower and Vibrational Essences.**
- **To provide underpinning knowledge and practise in Flower and Vibrational Essence use to meet BFVEA standards.**
- **To enable the qualified student to practice to a high professional standard as an Advanced Practitioner Diploma in Flower & Vibrational Essences.**

The curriculum covers:

- History and development of Flower and Vibrational Essences
- Opinions and definitions of Flower and Vibrational Essences
- **Development of awareness of Subtle Energy**
- Universal and Human Energy Fields including Chakras, Meridians
- Personal energy management and use of intuition
- Traditional and modern use of plants in healing
- Choosing essences including the use of dowsing, muscle testing and intuition
- Preparation of Flower and Vibrational Essences
- Dilutions – pros and cons
- Storage and amplification
- **Making Essences – current regulations on bottling and labelling**
- Discerning the quality of an essence
- Overview of different essences from around the world
- Environmental and horticultural uses of essences
- Professional practice including record keeping and MYMOP, consultation and evaluation skills
- Health, Hygiene and Safety Standards
- **Practice Management including Code of Conduct**
- Case Histories
- Compatibility of essence use with other therapies e.g. Reflexology, Colour therapy, Reiki and Aromatherapy, Crystal Therapy
- Treating children
- Treating animals
- Working with environmental issues
- Using crystals with flower essences

There are two specialist additional modules available for continuing professional development:

Further steps in Intuitive Development which encourages a deeper connection with Power Plants, Crystals and Sacred Places through intuition and dowsing. Over the two days we look at Geopathic Stress and Healing the planet, and Dowsing for Health, Chakra Balancing and Meridian Alignment.

Small scale essence production which gives you the information you need to start making a commercial range of essences and the rules and regulations required by BFVEP British Flower and Vibrational Essence Producers, Industry Code of Practise, production methods and HACCP. It also gives you an overview of what you need to consider to confidently start a small business looking at the pros and cons, what help is available and the essential housekeeping required.

About studying to Advanced Practitioner Status and membership of BFVEA

In addition to core studies in Flower & Vibrational Essences to gain practitioner status, there is a minimum requirement of Level 3 Anatomy & Physiology for the Advanced Diploma. These qualifications are available through distance learning with Mandragora Complementary School and the BFVEA Diploma in Health, Safety and Professional Practice available soon through BFVEA. A copy of your valid insurance policy is also required for membership of the BFVEA. The wellessences Diploma will be accepted by other insurance bodies for professional purposes.

Accredited Prior Learning

It may be possible to accredit parts of the Advance Practitioner Diploma if relevant evidence is produced and approved by the BFVEA, however some areas are essential to the core syllabus and must be studied face to face with the tutor. See evaluation checklist where the core elements are displayed in bold type. However unless you have directly studied flower essence therapy or have extensive practical and intuitive use of essences it is recommended that you take all modules in the course.

Level 3 Diploma Anatomy & Physiology qualifications from recognised awarding bodies or other relevant certificates and diplomas, may provide verifiable evidence of your skills and knowledge, for which you may be credited with this element, and thus not need to do it again. A copy of the relevant Diploma will be required under all circumstances and needs to be submitted to the BFVEA when you apply for membership.

Health & Safety and Professional Practice Diplomas from other professional bodies may be accepted as evidence of Accredited Prior Learning. A copy of the syllabus will need to be submitted with a copy of the qualifying diploma.

VTCT Level 3 Diploma in use of Flower Essences provides accredited prior learning for the core elements of practice and entry to membership of the Bfvea (British Flower & Vibrational Essence Association) at practitioner level. A Level 2 Anatomy and Physiology qualification is required at this level attainable through study with MSC.

Advanced Practitioner status with the BFVEA, requires a Level 3 Diploma in Anatomy & Physiology and further study days. Most professional bodies require a Level 3 Anatomy & Physiology Diploma for insurance purposes.

Please note: Although no formal qualifications are necessary to become a student on these courses knowledge and study skills equivalent to GCSE or above will help the student to meet the specifications for the type and amount of study required.

wellessences Practitioner Foundation Diploma in Flower & Vibrational Essences Course Course Booking Terms & Conditions:

- 1) You are responsible for your own health and wellbeing throughout the course.
- 2) If you have experienced / are experiencing any of the following, please let the co-ordinator know in writing before the course commences (any information will be held in the strictest confidence):
 - a) Epilepsy / Diabetes / Asthma / High or Low Blood Pressure.
 - b) Any medical problems of an acute or chronic nature.
 - c) Any emotional or mental trauma that has resulted in your seeking medical advice or treatment.
 - d) Suffered from any drug (prescribed or otherwise), alcohol or substance abuse
- 1) If there is any other information that may be useful (i.e. wheelchair access needed or special seating requirements, food intolerances or allergies, sight impairment, dyslexia or dyspraxia, please let the co-ordinate know before you start the course.
- 2) You are responsible for your personal belongings.
- 3) For tutored courses the cost of the course covers venue (where appropriate), tuition fees, course notes and a limited range of sample dosage bottles. It does not provide full ranges of all essence ranges covered apart from use within the tutored environment.
- 4) The course does not cover costs of travel expenses, any accommodation expenses and food.
- 5) Student insurance for home study work with essences and case studies is highly recommended through a recognised insurance body.

- 6) Missed tutor-led sessions are not refundable. If you are unable to attend a session other arrangements may be possible and may incur extra costs. Diplomas will only be issued on full completion of the course. All elements of the course must be completed within eighteen months of commencing study or further terms and conditions may apply. The course co-ordinator reserves the right to terminate the student agreement at anytime within this period if required written work or attendance to tutored sessions is insufficient to realistically enable the student to achieve the diploma.
- 7) Withdrawal from the course: Fees will not be refunded under any circumstances if a student withdraws from the course at any stage.
- 8) If you need to withdraw from the course payment for sessions yet to be attended are not subject to refund. Under the "pay-as-you-go" scheme payment for future sessions of a tutor-led course will still be required, in accordance with the signed agreement between the student and the course provider. We reserve the right to ask you to leave the course in the event of any upheld reason. (See Grievance Procedure and Code of Conduct) In this event monies for future lessons will be refunded.
- 1) If dissatisfied with any aspect of the course, Lesley Oates, the course co-ordinator must be notified in writing within 5 working days. Retrospective complaints are noted through the evaluation procedure and will not be considered as reason for refunds.
- 2) Do not sign the application form until you have read the Course outline and all prospective student information provided.

Complaints and Grievance Procedure for Wellessences Advanced Flower & Vibrational Essence courses

The Wellessences Flower and Vibrational Essence Practitioner Training course adheres to the BFVEA Code of Conduct. It is intended that the learning environment for students studying with us should be open and supportive. It is recognised however that from time to time individual learners may have a complaint and that, therefore a written grievance policy is necessary. This policy is designed so that complaints can be dealt with in as clear and constructive a manner as possible.

The stages of the complaints procedure are:

- 1) Complaints have to be made in writing within 21 days of the alleged incident(s) involved.
- 2) Any issue, administrative or academic, should first be put in writing and forwarded to the course tutor. This letter will be acknowledged within seven days.
- 3) For administrative complaint, resolution will initially be sought through dialogue with your tutor, and the outcomes confirmed in writing.
- 4) For academic complaints, resolution will also initially be sought through dialogue with your tutor, and the outcomes confirmed in writing.
- 5) The tutor will make himself or herself available to discuss the matter with the course participant within 2 weeks of the complaint.
- 6) Where agreement cannot be reached, the course participant will be invited to meet with the Wellessences Director. If satisfactory agreement still cannot be found the issue will be passed on the BFVEA disciplinary committee (see BFVEA code of Ethics and Conduct). Any decision made by the BFVEA will be seen as final. All those concerned will be informed of any decision within 28 days of it being received.

Code Ethics and Conduct BFVEA Please go to www.Bfvea.co.uk

Wellnesses Advanced Practitioner Diploma in Flower and Vibrational Essences

Course Dates: Advanced Practitioner Courses starts in May and October 2010

Costs: Total Cost £850 which can be paid as one payment or in instalments of £85 per module payable in advance. If paying the full amount a discount of 10% for early booking can be applied if your place on the course is confirmed before end of March 2010. Payments can be sent via Paypal or by cheque. A non refundable deposit of £85 is required to tenure you place on the course, which will be taken from the overall amount due. Meals are not provided, although access to a range of cafe's and other places to eat are within walking distance. Tea and beverages will be provided throughout the day.

Do not send payment at this time please print and complete the booking form and post to the course coordinator, and the tutor will get in touch with you directly so that they can answer any of your questions and confirm course arrangements:

Booking Form

NAME: _____

ADDRESS: _____

POST CODE: _____

PHONE: _____ MOBILE: _____

EMAIL: _____

DATE OF BIRTH : _____

Do you have any serious mental/physical illnesses or have you had in the last five years? Please briefly describe:

Because of the varied access to some of the locations please tell us about any mobility problems or disabilities that you need to make us aware of:

Please list any qualifications that may be relevant to study with wellnesses:

Anatomy & Physiology Level 3: _____ Awarding Body: _____

Equivalent: _____

I need to study Anatomy & Physiology to Level 3: _____

Health & Safety: VTCT, ITEC, other: _____

I need to study Health & Safety for Practitioners: _____

Details of other relevant complementary therapy qualifications or similar:

Address to send booking form: Courses, wellnesses, 3 Lemin Park, Gwinear. Cornwall TR27 5HJ.

Wellessences Events Booking Form

Please select the event you are interested in:

Introduction to practice weekend £85
July 10th & 11th 2010; August 7th & 8th 2010
October 9th & 10th 2010

Make your own essence day £30
Mondays July & August 2010

Wellessences Day £30
Fridays July & August 2010

Learn to dowse £30
Tuesdays July & August 2010

Date of event:

Number of places required: Adults

Children (over 8 years old)

Contact details

NAME: _____

ADDRESS: _____

POST CODE: _____

TELEPHONE: _____ MOBILE: _____

EMAIL: _____

Because of the varied access to some of the locations please tell us about any mobility problems or disabilities that you need to make us aware of:

Address to send booking form: Events, wellessences, 3 Lemin Park, Gwinear. Cornwall TR27 5HJ.

Terms & Conditions

- All deposits are non-refundable. A deposit of 50% for each person for each event £15 is required to ensure your place .
- Days out may be subject to cancellation at short notice if weather conditions prove unfavourable in which case a refund not including the deposit will be given.
- The course attendees must take responsibility for their own health, safety and wellbeing under all circumstances. The course organiser is not responsible for any incidents or accidents resulting from any activities that may be undertaken before, during or after the course. It is recommended that strong, sensible outdoor wear & footwear is brought with the attendees in case of rain or mud under foot.
- All children sixteen and under must be accompanied by a responsible adult. These events are not suitable for dogs. Courses are not recommended for children under eight years of age.
- No food or beverages are included in the cost of these courses. For all events a packed lunch and suitable beverages should be brought with the attendees to eat on site.
- Course attendees are responsible for navigating their way to the prearranged meeting place. In the event of non-attendance or late attendance no refunds will be due.
- The course coordinator reserves the right to change arrangements at any time.
- The course coordinator reserves the right to refuse applications for any reason at any time.

Do not send payment at this time please print and complete the booking form and post to the course coordinator, and the tutor will get in touch with you directly so that they can answer any of your questions and discuss course arrangements.